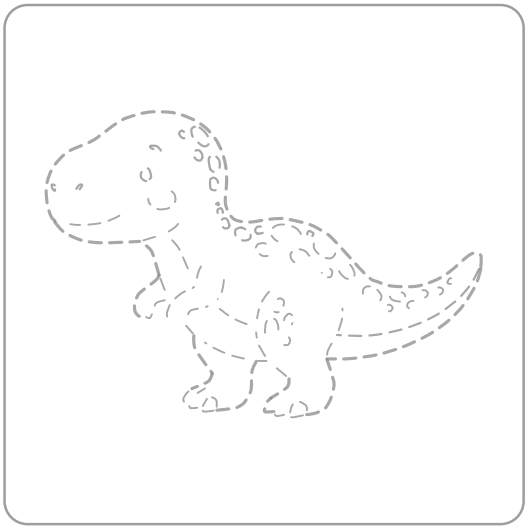
1. Tyrannosaurus rex

Its bite was stronger than any other land animal ever.



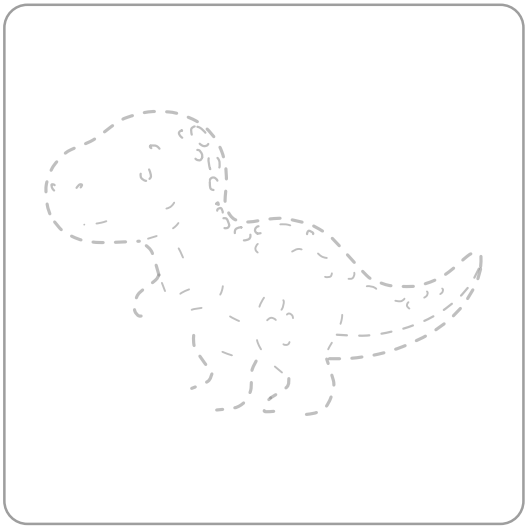
The real dinosaur!

Trace this first



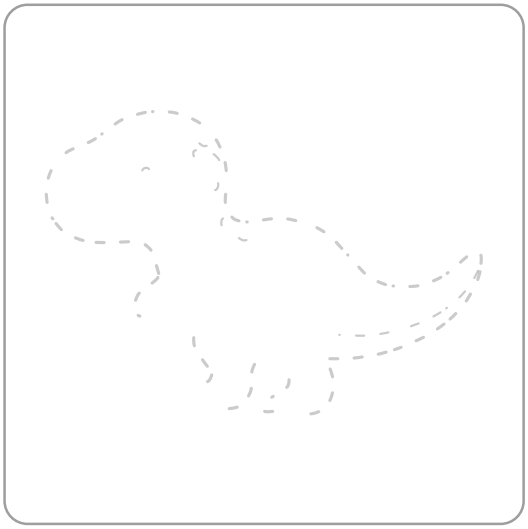
1. Trace & complete!

Then this



2. Connect it!

And this



3. Use the landmarks!

A free page from My First Dino Trace & Draw. Baba Jays Books, www.babajaysbooks.com

Draw your own dinosaur!

Make up a brand-new dinosaur. Give it spots, spikes, a long neck or a big smile. It's yours!

My dinosaur is called: _____

It likes to eat: _____

A free page from My First Dino Trace & Draw. Baba Jays Books, www.babajaysbooks.com

Super Dino Artist



This certificate is proudly given to

_____

for tracing, connecting and drawing all 30 dinosaurs!

_____ Signed

_____ Date

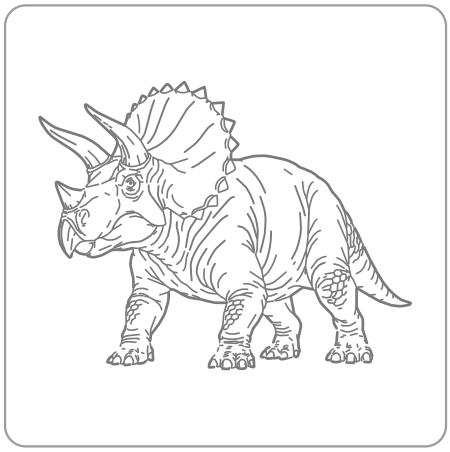
2. Triceratops

Its huge frill and three horns kept hungry predators away.



The real dinosaur!

trace next

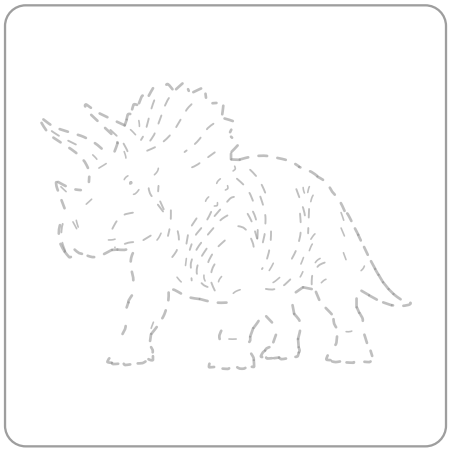


1. Trace it!

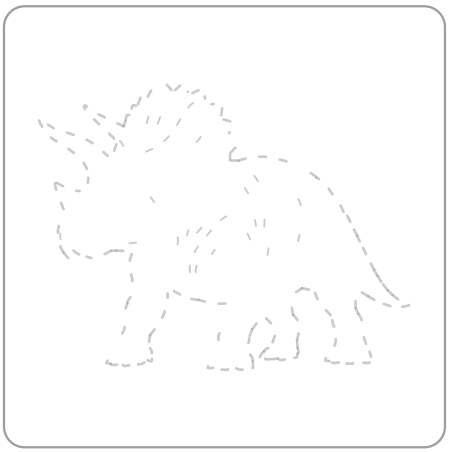


2. Trace & complete!

trace next



3. Connect it!



4. Use the landmarks!

draw it!

5. Draw it yourself!

A free page from Dino Trace & Draw: Real Dinosaurs. Baba Jays Books, www.babajaysbooks.com

Design your own dinosaur

Palaeontologists rebuild animals from clues. Invent one of your own: decide how it lived, then draw it so the body fits the job.

Name: _____

Period (Triassic, Jurassic or Cretaceous): _____

Diet: _____

Length: _____

Special defence or weapon: _____

A free page from Dino Trace & Draw: Real Dinosaurs. Baba Jays Books, www.babajaysbooks.com

Certified Dino Artist



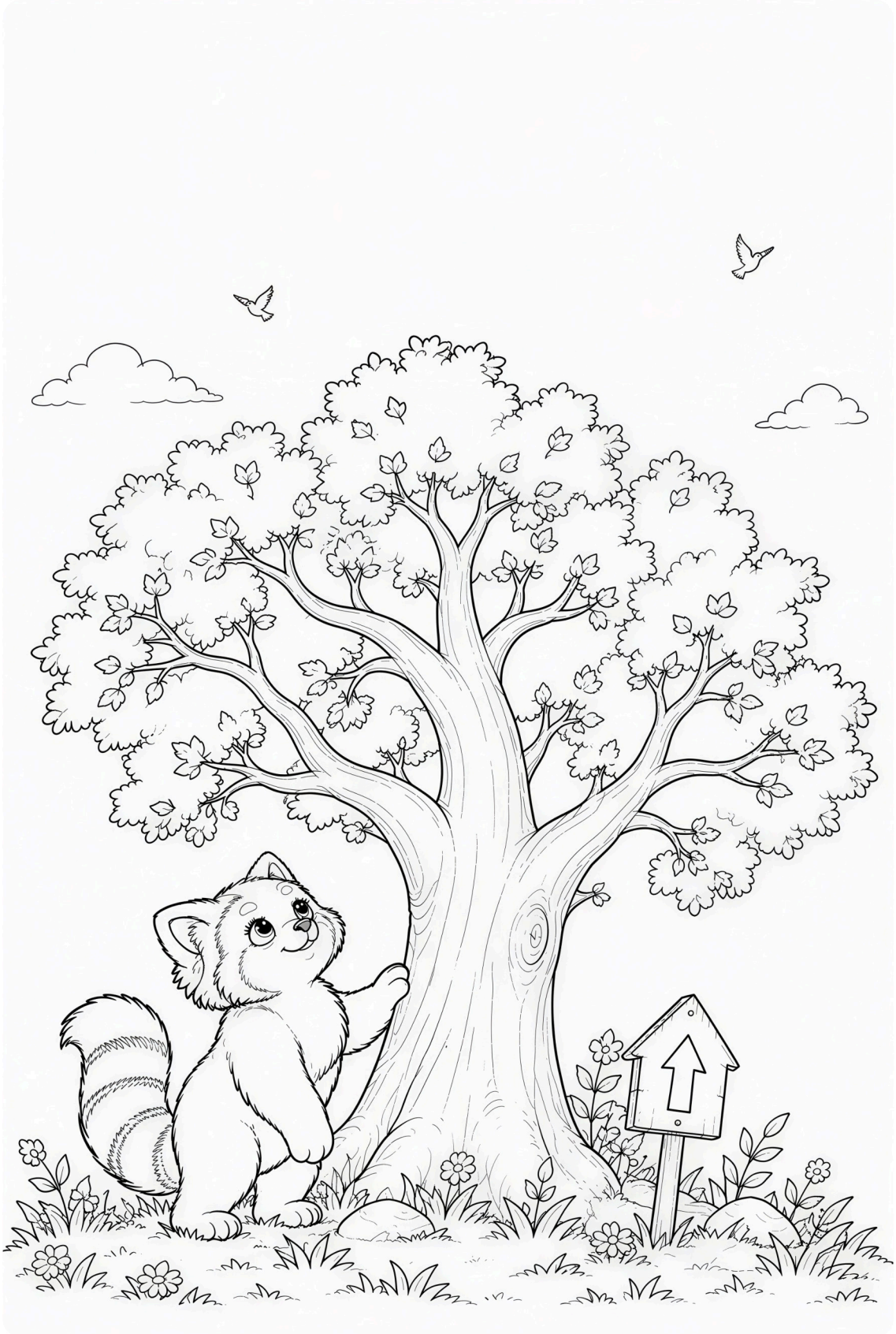
This certifies that

_____

has traced, connected and drawn all 30 prehistoric animals in this book, from first trace to freehand.

_____ Signed

_____ Date



A free page from The 11+ Exam Wellbeing and Confidence Journal, Girls' Edition. Baba Jays Books, www.babajaysbooks.com

Ever get the feeling that everyone else in your class was secretly born knowing how to do the 11+, and you missed the lesson?

REFLECTION PROMPT / RESPONSE

Pick the person you compare yourself with most. Write down what you imagine makes them 'better' at this. Then go back with your detective hat on: how much of that list is fact, and how much is just a story?

MICRO ACTIVITY

“Something I'm properly brilliant at that never shows up on any test is:” ☆

SOMETHING LOVELY ABOUT TODAY I'M GRATEFUL FOR IS:

AFFIRMATION

Nobody else can be me. That job is taken, by me, and I do it beautifully.

A free page from The 11+ Exam Wellbeing and Confidence Journal, Girls' Edition. Baba Jays Books, www.babajaysbooks.com

Meet Owlie the Owl

Hi, I'm Owlie! I am your 11+ cheerleader, and you will spot me popping up all through this journal to cheer you on.

I am wise (I'm an owl, it comes with the feathers), I love silly jokes, and I believe in you completely.

Ready? Let's go...



A free page from The 11+ Exam Wellbeing and Confidence Journal, Boys' Edition. Baba Jays Books, www.babajaysbooks.com

Some days it can feel like your mates are just better at this whole 11+ thing than you.

REFLECTION PROMPT / RESPONSE

Who do you compare yourself with? Scribble down what you reckon they've got that you haven't. Then read it back and see if it's actually true.

MICRO ACTIVITY

"One thing I am brilliant at that has nothing to do with exams is:" ☆

SOMETHING LOVELY ABOUT TODAY I'M GRATEFUL FOR IS:

AFFIRMATION

I am not a rank in a class list. I am me, the only one there is, and that is already more than enough!

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A free page from The 11+ Exam Wellbeing and Confidence Journal, Faith Edition. Baba Jays Books, www.babajaysbooks.com

Some days it can feel like your friends are just better at this whole 11+ thing than you.

REFLECTION PROMPT / RESPONSE

Who do you compare yourself with? Scribble down what you reckon they've got that you haven't. Then read it back and see if it's actually true.



MICRO ACTIVITY

"One thing I am brilliant at that has nothing to do with exams is:" ☆

SOMETHING LOVELY ABOUT TODAY I THANK GOD FOR IS:

AFFIRMATION

God knows me by name and calls me His own. I am not a rank in a class list, I am one of one.

(Isaiah 43:1)

A free page from The 11+ Exam Wellbeing and Confidence Journal, Faith Edition. Baba Jays Books, www.babajaysbooks.com